







JOIN THE HART PROGRAM!



The Texas Department of Agriculture (TDA) is now accepting applications for the next class of **Health Ambassadors for a Ready Texas** (HART). The HART program empowers students who are ready to champion good nutrition at school.

Are you a student leader in 9th-11th grade and want to promote healthy eating, school meals, and Texas agriculture to your peers? Here are some of the fun and exciting things you would do in the HART program:

-  Organize local celebrations for events like National School Lunch Week and National Farm to School month.
-  Increase leadership skills and expand knowledge of school meal programs.
-  Collaborate with school staff to organize taste tests, new menu introductions, and nutrition-team appreciation events.
-  Join a growing network of HART students across Texas.
-  Distribute exclusive TDA materials for students and staff.
-  Receive a certificate, signed letter from Commissioner Sid Miller, and more for completing the program requirements.

Interested?

Scan the QR code or visit SquareMeals.org/HART to learn more!



Nutrition Champions Have HART



Why HART?

The Texas Department of Agriculture (TDA) recognizes that student leaders have a powerful voice for improving health and wellness on school campuses. TDA developed HART to inspire and recognize exceptional high school students as they champion healthy lifestyles for their peers.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division Health
Ambassadors For a Ready Texas

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