

Farmers' Market Nutrition Program Allowed Foods

Apples	Cabbage	Eggplants	Leaf Lettuce	Parsnips	Raspberries
Apricots	Cantaloupes	Figs	Leeks	Peaches	Spinach
Artichokes	Carrots	Garlic	Lemons	Pears	Squash
Asparagus	Cauliflower	Grapefruit	Melons	Peas (Shelled)	Strawberries
Beans	Celery	Green Onions	Mushrooms	Peppers	Sweet Potatoes
Beets	Collard Greens	Greens/tops	Mustard Greens	Persimmons	Swiss Chard
Blackberries	Corn	Head Lettuce	Nectarines	Plums	Table Grapes
Blueberries	Cucumbers	Herbs (fresh cut)	Okra	Potatoes	Tomatoes
Broccoli	Dates	Kale	Onions	Pumpkins	Turnips
Brussels Sprouts	Dewberries	Kohlrabi	Oranges	Radishes	Watermelons

Farmers' Market Nutrition Program Disallowed Foods

Dried Fruits	Eggs	Preserves
Aloe Vera	Flowers	Processed Foods
Baked Goods	Honey, raw or processed	Roasted Peppers
Cactus (any kind)	Jams	Seafood
Cheese	Meat	Seeds
Cider	Non-food items	Sun-dried Tomatoes
Decorative Gourds	Nuts of any kind	Syrup
Dried Chili Peppers	Pecans	Wild Rice
Dried/Potted Herbs	Picante Sauce	
Dried Fruits/Vegetables	Potted Fruits or vegetable plants	