

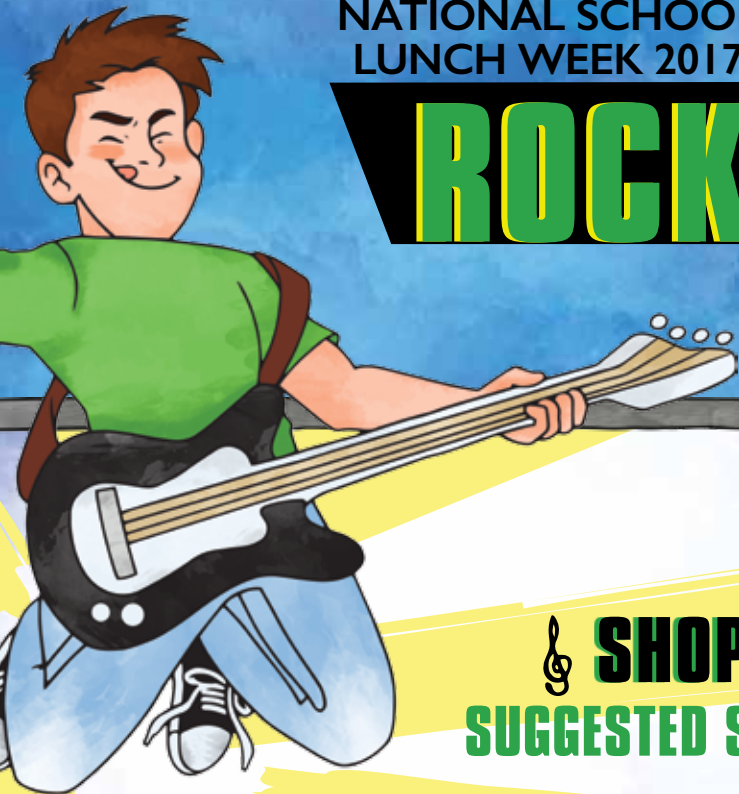
NATIONAL SCHOOL LUNCH WEEK 2017

ROCK

THE DAY

with a Healthy School Lunch!

SquareMeals.org/NSLW



SHOPPING LIST

SUGGESTED SALAD BAR OPTIONS

FRESH PRODUCE AND HERBS # >

- Bananas
- Beets
- Blueberries
- Cantaloupe
- Carrots
- Cherry Tomatoes
- Cilantro
- Corn
- Cucumbers
- Grapes
- Honeydew Melons
- Kiwi
- Limes
- Mango
- Nectarines
- Red Bell Peppers
- Red Onions
- Strawberries

CANNED GOODS

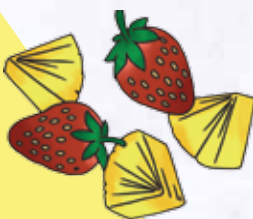
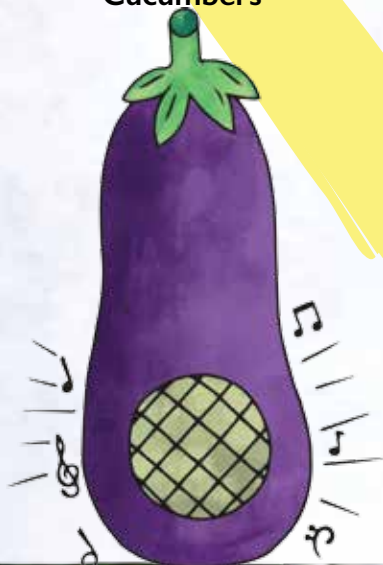
- Black Beans
- Pineapple Chunks

OTHER

- Balsamic Vinegar
- Brown Sugar
- Dried Cranberries
- Honey
- Lemon Juice
- Lime Juice
- Olive Oil
- Orange Juice
- Pineapple Juice
- Poppy Seeds
- Red Wine Vinegar
- White Wine Vinegar

SEASONINGS

- Cinnamon
- Dill Weed
- Ground Ginger
- Ground Nutmeg
- Salt
- Pepper



KEY

May be available through DoD Fresh Fruit and Vegetable Program
 > May be available from a local producer
 @ Available through DoD Farm to School
 * Available through USDA Foods



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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