About HART
The Texas Department of Agriculture (TDA) recognizes that student leaders have a powerful voice for improving health and wellness on school campuses. TDA developed Health Ambassadors for a Ready Texas (HART) to inspire and recognize exceptional Texas high school students as they champion healthy lifestyles for their peers.

HART Ambassadors:

- Increase awareness of healthy eating and Texas agriculture among their peers.
- Collaborate with school nutrition teams to implement healthy living activities.
- Promote the National School Lunch and School Breakfast Programs.
- Provide state officials with feedback and recommendations for improving school nutrition programs.

Eligibility:
At the time of application, students must be enrolled in grades 9th, 10th or 11th in a Texas school participating in the National School Lunch Program and have an email account.
Health Ambassadors for a Ready Texas

Mission of HART Students

- **Promote School Nutrition Programs**: Work with your school’s nutrition team to promote nutrition and implement monthly activities
- **Increase Awareness of Healthy Eating and Texas Agriculture**: Involve stakeholders to develop strategies to engage and educate your peers about nutrition and Texas agriculture
- **Provide Food and Nutrition Program Feedback to TDA**: Communicate on a monthly basis with TDA about your accomplishments and present recommendations

**How to Apply for HART:**

Applications open now for the 2020-2021 school year. Visit the TDA website for additional information about the HART initiative and for the HART application – [SquareMeals.org/HART](http://SquareMeals.org/HART).

Application deadline: April 1st, 2020

Questions? Contact TDA at [HART@TexasAgriculture.gov](mailto:HART@TexasAgriculture.gov) or call (877) TEX-MEAL