

CRUNCHY CHINESE TUNA SALAD

Main Dishes 1-7

Ingredients	12 Servings		24 Servings		For _____ Servings	Directions
	Weight	Measure	Weight	Measure		
Canned tuna, water-packed chunk, drained	1 lb. 6 oz. .	2¾ cups . .	3 lbs. 6 oz.	1 qt. 1½ cups	<ol style="list-style-type: none"> 1. In a large mixing bowl, combine all ingredients except noodles. 2. Refrigerate until serving time. 3. Add noodles and blend well. 4. Portion with a No. 10 scoop or ¾ cup. 5. Serve immediately to prevent noodles from becoming soggy.
Mayonnaise	½ cup	1 cup	
Soy sauce	1 tsp.	2 tsp.	
*Fresh celery, chopped	1 oz.	¼ cup	2 oz.	½ cup	
Canned water chestnuts, drained, chopped	2¼ oz.	½ cup	4½ oz.	1 cup	
Chow mein noodles	1 oz.	½ cup	2 oz.	1 cup	

Serving:

One ⅓-cup serving provides 1½ oz. cooked lean meat.

Variation:

Substitute chopped apples for water chestnuts in equal measure (½ cup for 12 servings).

*See marketing guide on back.

Yield:

12 servings: 12 ⅓-cup servings (1 qt. ½ cup)

24 servings: 24 ⅓-cup servings (2 qt. 1 cup)

Marketing Guide for Selected Items

Food as Purchased	For 12-serving Recipe	For 24-serving Recipe	For ____-serving Recipe
Fresh celery	1 1/4 oz.	2 1/4 oz.