

ARTS Integration



Enhance Learning with Art

You Art What You Eat

TDA's *You Art What You Eat* statewide student art contest engages K-12 students in learning about good nutrition. The art contest encourages students to use their imagination and illustrate their ideas for healthy school meals.

Arts Integration

Research shows that including the arts in education enhances student engagement. The *You Art What You Eat* art contest offers educators an opportunity to get students excited about exploring many subjects including science and nutrition. Food's universal appeal also provides an interesting springboard for artistic expression. The tips below offer a guide for incorporating the *You Art What You Eat* contest into curricula and lesson planning.

Tips for Lesson Planning



Identify Learning Outcomes

Clearly identify and state the learning outcomes before students begin creating. Communicate learning outcomes in the beginning and through the process to ensure students focus on learning goals.



Involve Student Choice

Allow students to choose the medium they will use for their art. Students have different learning styles and will approach art creation in unique ways. Making their own choices results in learning that is personal and relevant.



Have a Grading Rubric

Develop a specific rubric with categories for evaluation.

- Content: reflects mastery of content
- Process: critical thinking, planning/organization, overall student effort
- Product: content is clearly reflected in the product
- Reflection: a student reflection (written or spoken) assesses what the student learned



Share with Others

Encourage students to share their work with peers. Learning best occurs when the student becomes the teacher. It offers students a chance to showcase learned information. Students will engage in critical thinking and construct personal meaning when they articulate the reasoning behind their creations.



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Food and Nutrition Division
You Art What You Eat Art Contest

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