

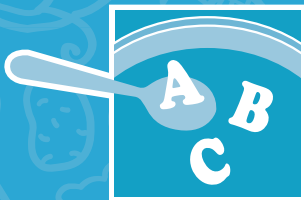
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Pimiento Verde



Green Pepper



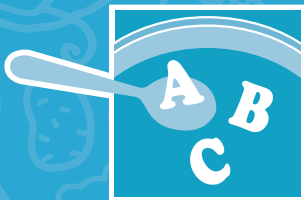
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Tomate



Tomato



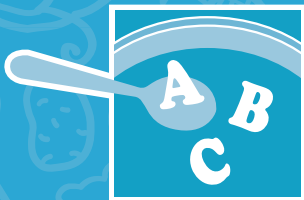
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Apio



Celery



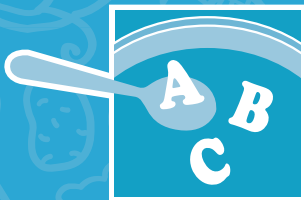
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Maíz



Corn



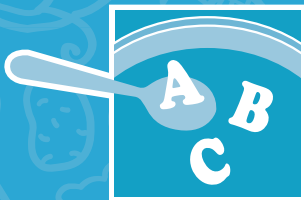
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Pepino



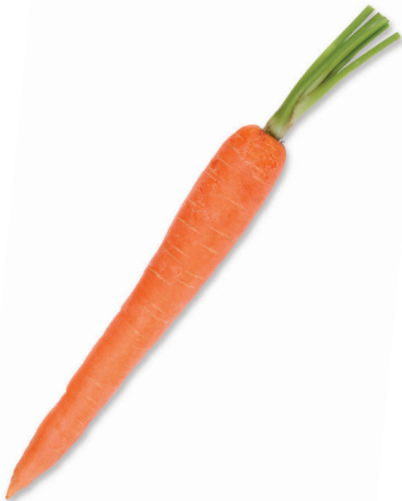
Cucumber



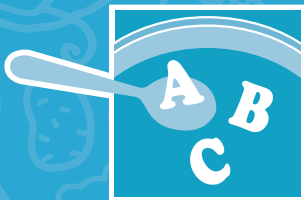
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Zanahoria



Carrot



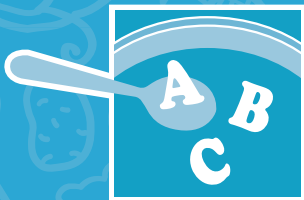
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Espárragos



Asparagus



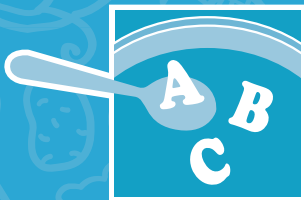
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Brócoli



Broccoli



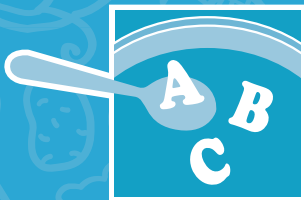
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Lechuga



Lettuce



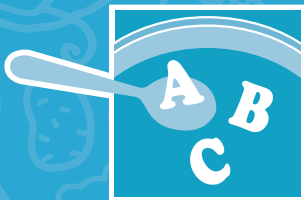
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Fresa



Strawberry



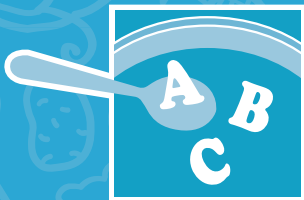
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Plátano



Banana



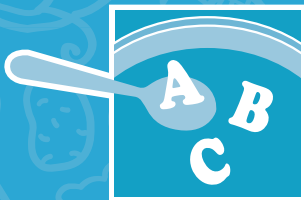
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Pera



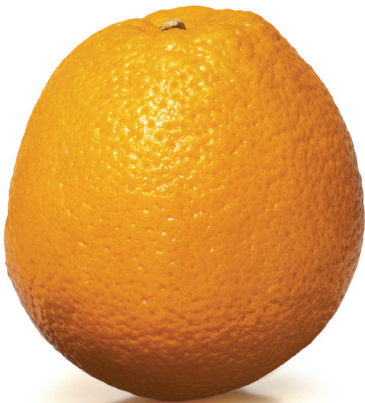
Pear



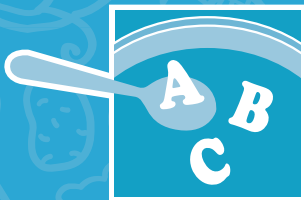
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Naranja



Orange



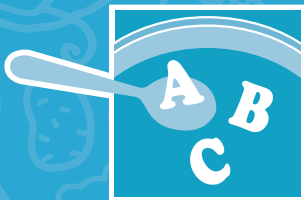
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Manzana



Apple



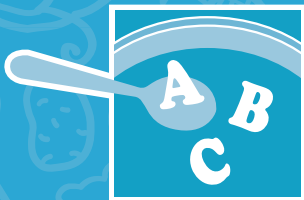
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Melocotón



Peach



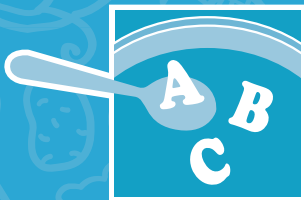
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Pimiento Verde



Green Pepper



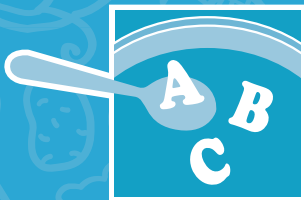
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Tomate



Tomato



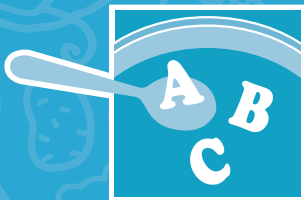
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Apio



Celery



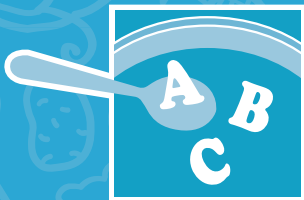
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Maíz



Corn



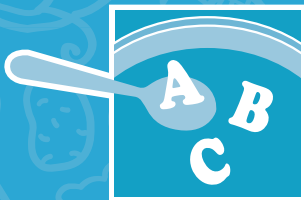
CHILD and Adult Care Food Program

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Pepino



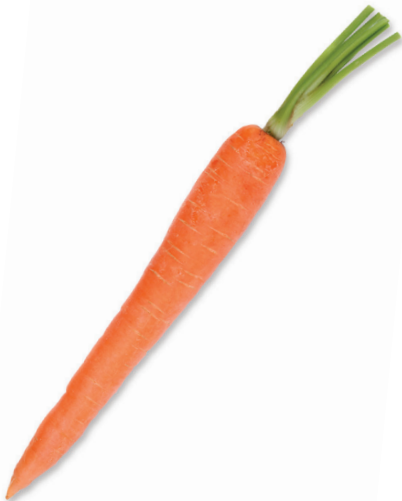
Cucumber



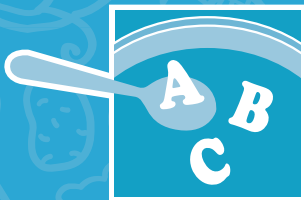
CHILD and Adult Care Food Program

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Zanahoria



Carrot



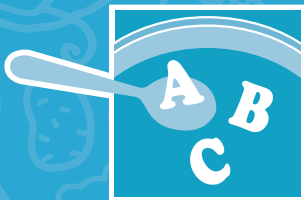
CHILD and Adult Care Food Program

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Espárragos



Asparagus



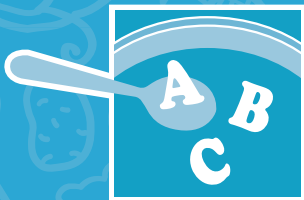
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Brócoli



Broccoli



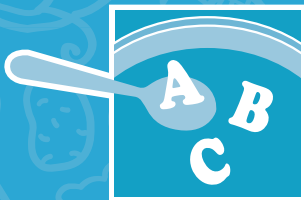
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Lechuga



Lettuce



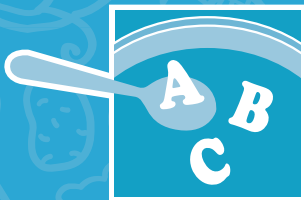
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Fresa



Strawberry



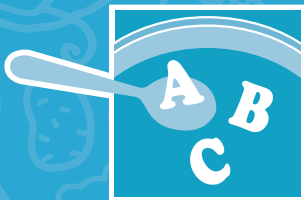
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Plátano



Banana



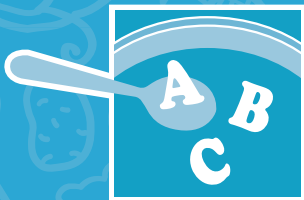
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Pera



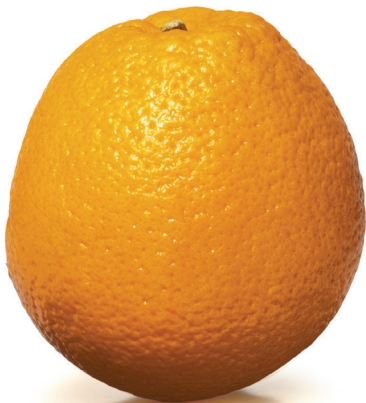
Pear



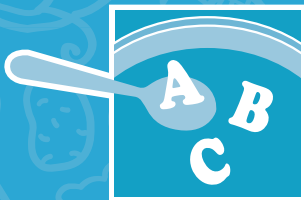
CHILD and Adult Care Food Program

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Naranja



Orange



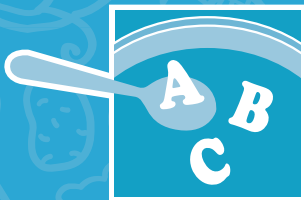
CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Manzana



Apple



CHILD and Adult Care Food Program

TEXAS DEPARTMENT OF AGRICULTURE

Melocotón



Peach

Healthy Hunting Food Cards

By Diane Craft & Craig Smith

GOAL: Children learn names of healthy fruits and vegetables while engaged in active play. The game reinforces serving fruits and vegetables to meet requirements of the Child and Adult Care Food Program meal patterns.

THE ADVENTURES OF ZOBIE IN PREVENTING CHILDHOOD OBESITY DVD teaches this game in the “**Fitness Activities**” segment. The game is video-taped and can be viewed to see children actually playing the game at a day care home and center. Instructions are also given on the DVD on how to make and play the game.

INSTRUCTIONS:

1. Show children fruit and vegetable cards.
2. Talk about the foods: names; colors; growing; healthy aspects; good taste.
3. Let the children select or give each child a card from the first set.
4. Place all the second set of the matching cards at the opposite side of the room or yard.
5. Ask the children to do one of the following: jump, hop, gallop, slide or tip-toe across the room or yard to the pile of cards, find the card that looks exactly like the one they have and bring the pair back to you.
6. Allow the child to select another card to match and continue playing the game. Ask the child to name the fruit or vegetable on the card before he moves to find its match.



DEPARTAMENTO DE AGRICULTURA DE TEXAS

COMISIONADO SID MILLER

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Esta institución proporciona igualdad de oportunidades.



Food and Nutrition Division
Child and Adult Care Food Program



Updated 2/8/2021
www.SquareMeals.org



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