KIDS FOOD CRITIC ACTIVITY

Let kids select a new fruit, vegetable, or recipe to sample. Have them taste the food and rate it based on visual appeal, smell, taste, and texture using a scale of 1 to 5 where 5 is the best.

**Visual Appeal**  1  2  3  4  5

**Smell**  1  2  3  4  5

**Taste**  1  2  3  4  5

**Texture**  1  2  3  4  5

**Total Score**

Serve it again?  YES  NO

**Total:** ___

**For Extra Fun:**
- Have kids choose and prepare foods and have friends, siblings, or parents sample and rate them.
- Present 3 new recipes to sample and compare them.