

# NSLP/SBP PY 20-21

## Sodium, Whole-Grain and Milk Meal Pattern Notification Form

### Instructions to Review Your PY 20-21 CE Meal Pattern Status

The information in this resource is intended to provide CEs a summary of the meal pattern being followed on record for PY 20-21. If your CE has submitted the notification form to TDA, your CE will be identified in the CE Meal Pattern Profile Spreadsheet, linked below.

Please note that this notification form is not the COVID-19 Child Nutrition Programs Meal Pattern Flexibility waiver.

This resource will be updated each Monday and will be used for compliance reviews and federal reporting.

### Background

A federal court ruling earlier this year has reversed several NSLP/SBP meal pattern flexibilities. As a result, the following meal pattern changes are effective immediately:

- All grain contribution components must be 100% Whole Grain Rich.
- Sodium reduction goals will revert to (original) Sodium Target 2.
- All flavored milk must be fat-free/skim.

**Texas CEs have one school year to come into compliance.** No action is necessary at this time unless the CE prefers to immediately comply with the current meal pattern including the changes listed above. CEs immediately implementing the meal pattern with the above changes must notify TDA, if they have not yet done so, by filling out the form located [here](#).

All CEs are required to comply with these meal pattern changes for SY 21-22.

## To review your CE meal pattern, complete the following steps

STEP  
1

Click the link below to open the CE Meal Pattern Profile Spreadsheet and find your CE name.

[NSLP/SBP PY 20-21 CE MEAL PATTERN PROFILE SPREADSHEET](#)



# Instructions to Review Your PY 20-21 CE Meal Pattern Status

## STEP 2

### Review your CE meal pattern status

If your CE has submitted the notification form to TDA, your CE will be identified in the CE Meal Pattern Profile Spreadsheet.

If your CE has chosen to continue serving the PY 2019-20 meal pattern, your CE will not be included in the CE Meal Pattern Profile Spreadsheet.

In the following example ABC ISD submitted the notification form and intends to comply with the NSLP/SBP PY 20-21 meal pattern. This includes the notification of “yes” in complying with the milk, whole grain and sodium PY 20-21 meal pattern requirements.

CE ID	CE Name	Submission Date	Fat-Free/Skim Flavored Milk	Grains 100% Whole-Rich	Sodium Target Level 2
40000	ABC ISD	9/1/2020	Yes	Yes	Yes
50000	XYZ ISD	9/2/2020	Yes	Yes	Yes

## STEP 3

### If your CE is following the PY 20-21 NSLP/SBP meal pattern and has not yet submitted a notification form

If your CE has been following the PY 20-21 NSLP/SBP meal pattern, a notification form must be submitted to TDA. The notification form is located on the Squaremeals website and can be accessed by clicking [here](#).

If you believe your CE has already submitted the notification form to TDA and is not included in the CE Meal Pattern Profile Spreadsheet, please re-submit the notification form by clicking [here](#).

**For assistance on waiver applications, please contact your regional Education Service Center**

