



## USDA Foods in Schools

### 110462 - Chicken Strips, Unseasoned, Frozen Category: Meat/Meat Alternate



#### Product Description

- This item is fully cooked strips of chicken meat with grill marks and a light marinade to retain moisture. The item contains at least 70% white meat content with the remainder coming from dark meat. Each strip is at least 1/2 inch wide and 1 inch long. This item is shipped frozen in 30 pound cases containing six 5-pound or three 10-pound packages.

#### Crediting/Yield

- One case of unseasoned chicken strips provides approximately 320 1.5-ounce portions.
- CN Crediting: Approximately 1.5 ounces of unseasoned chicken strips credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

#### Culinary Tips and Recipes

- Unseasoned chicken strips are a versatile ingredient that can be used in a variety of different dishes such as burritos, stir fries, salads, or wraps.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

#### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

#### Nutrition Facts

Serving size: 1.5 ounces (35 g)/1 MMA chicken strips

##### Amount Per Serving

**Calories** 75

**Total Fat** 4g

Saturated Fat 1g

Trans Fat 0g

**Cholesterol** 38mg

**Sodium** 173mg

**Total Carbohydrate** 3g

Dietary Fiber 0g

Sugars 0g

**Protein** 7g

Source: USDA Foods Vendor Labels

**Allergen Information:** No soy or gluten used in the formulation. Please verify allergen information on the product case. For more information about allergens or ingredients, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

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## ***Recipe Calculation and Product Usage Forecasting***

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**Instructions:** Use the USDA Product Information Sheet attached to complete the following questions about the chicken fajita recipe.

ABC elementary uses the unseasoned chicken strip product from USDA foods to make their chicken fajitas. The chicken fajita recipe details are:

- a. 1 fajita provides one 1 oz. eq. WGR serving and 1.5 oz. meat/meat alternate
  - b. The recipe yields 100 servings
  - c. On Tuesday 2/11/2020 ABC school will need to make enough to feed 500 students 1 fajita each
- 1) Calculate the following:
- a. How many servings do one case of the chicken strip product provide?  
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  - b. How many cases will ABC school need to create their 500 servings?  
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  - c. Will there be additional unused servings from this case?  
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- 2) If ABC School serves 500 servings chicken fajitas twice each 4-week cycle, how many cases of the USDA foods chicken strips will be used during the 4-week cycle?  
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- 3) If ABC school serves this 4-week cycle 9 times in the school year, how many cases of the USDA foods chicken strips would the district expect to need for the entire school year?  
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- 4) What PAR level should be set for this item if ABC school orders only one time per month?  
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- 5) **Bonus:** What factor(s) could change the amount ordered during a month?  
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