

Meal Pattern History for Implementing for the Milk, Grains, and Sodium Requirements

Requirements for Milk, Grains, and Sodium Chart			
Meal Pattern with Original Requirements for Milk, Grains, and Sodium	Meal Pattern with Flexibilities for Milk, Grains, and Sodium	Meal Pattern Choices for SY 2020-2021	
		Meal Pattern with Original Requirements for Milk, Grains, and Sodium	Meal Pattern with Flexibilities for Milk, Grains, and Sodium
<ul style="list-style-type: none">▪ <u>Must</u> offer unflavored low-fat milk or unflavored or flavored fat-free milk.▪ <u>Must</u> offer and serve whole-grain rich grains for 100% of weekly offerings.▪ Must meet the following Sodium Target: Lunch K-5 ≤ 935 mg 6-8 ≤ 1035 mg 9-12 ≤ 1080 mg Breakfast K-5 ≤ 485 mg 6-8 ≤ 535 mg 9-12 ≤ 570 mg	<ul style="list-style-type: none">▪ Have the option to serve flavored, low-fat milk for kindergarten and up.▪ <u>Must</u> offer and serve whole-grain rich grains for 50% of the weekly grains; remaining weekly grains must be enriched.▪ <u>Must</u> meet the following Sodium Target: Lunch K-5 ≤ 1230 mg 6-8 ≤ 1360 mg 9-12 ≤ 1420 mg Breakfast K-5 ≤ 540 mg 6-8 ≤ 600 mg 9-12 ≤ 640 mg	<ul style="list-style-type: none">▪ Implement the original requirements for milk, grains, and sodium.▪ <u>Must</u> submit the <i>NSLP/SBP PY 20-21 Meal Pattern Form</i> indicating the CE's implementation meal pattern requirements for milk, grains, and/or sodium. CE may choose to implement all or some.	<ul style="list-style-type: none">▪ Implement the meal pattern with flexibilities for milk, grains, and sodium under the statewide waiver.* No further action is required at this time.
New Items Added to Food Buying Guide		May credit whole-grain rich products for the meal pattern.	May credit enriched and whole-grain rich products for the meal pattern.
Flexibility for Required Vegetable Subgroups at Breakfast (Section 749 of Division B of the Further Consolidated Appropriation Act, 2020 (P.L. 116-94))		May credit 1 cup of fruit or any vegetable subgroup each day for breakfast through June 30, 2021.	
COVID-19 Meal Pattern Waiver for Procurement Challenges		CEs may request approval to waive food components under the COVID-19 meal pattern waiver when there are challenges to procuring a specific food component for a specific period of item.	
* The statewide waiver is allowed only for SY 2020-2021 only in order to allow CEs to transition to the meal pattern with the original requirements for milk, grains, and sodium.			