Join other districts around the state by participating in the theme days. Best practice is offering multiple entrees choices for the students. Use suggested menu as is for K-8 or 9-12 or add another entree from TDA suggested recipes or local student favorites. *Serve with a variety of milk each day!

### 9-12 Menu

#### Monday • Pasta
- Chicken Spinach Alfredo Bake
- Garlic Knot
- Kale and Cranberry Salad
- Roasted Cauliflower
- Fresh Texas Oranges & Pineapple Tidbits

#### Tuesday • Enchiladas
- Veggie Enchiladas
- Street Corn & Spicy Black Beans
- Cubed Cantaloupe & Honeydew

#### Wednesday • Chili & Cornbread
- Green Pork Chili
- Jalapeno Cheddar Cornbread
- Glazed Carrots
- Fresh Sliced Cucumbers
- Sliced Peaches & Fresh Grapes

#### Thursday • Rice Dish
- Korean Meatball Rice Bowl
- Garlic Parm Green Beans
- Cherry Tomatoes
- Watermelon Cubes & Fresh Banana

#### Friday • Flatbread
- Spicy Sriracha Tuna
- Southwest Chickpea Salad
- Fresh Broccoli
- Baked Pears & Fresh Texas Apples

### TDA Entrée Suggestions

Begin National School Lunch Week celebrations with these hearty pastas:
- Baked Cheesy Spaghetti Marinara
- Italian Pasta Salad
- Chicken Spinach Alfredo Bake

Serve one of these vegetable packed enchilada recipes in additional to your classic cheese or beef enchiladas:
- Chicken Enchiladas
- Cheesy Vegetable Enchiladas

As October weather cools, serve one of these warm chilis paired with classic cornbread:
- Chili con Carne without Beans
- Pork Green Chili
- Protein Packed Two Bean Chili

Inspire your students with these rice dishes with international inspired flavors:
- Paella
- Korean Meatball Rice Bowl
- Fiesta Rice and Beans Bowl

Finish National School Lunch Week with a new flatbread recipe soon to be a student favorite:
- Veggie and Cheese Flatbread
- Spicy Sriracha Tuna Flatbread
- Spicy Thai Beef Flatbread

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