## SCHOOL LUNCH PIRATES FIND YOUR TREASURE!





## ANNOUNCEMENT #1

Ahoy, maties! Avast ye and lend me yer ears! It is National School Lunch Week and we are going to embark on an adventure to Find Your Treasure! Join us during lunch this week to explore all the food groups that make up a treasured, nutritious school lunch!

Plundered Protein - Fuel your pirate adventures by feasting on proteins like lean meat, eggs, and beans to keep your muscles strong! Try hearty (Insert Menu Item) during lunch to help you conquer any storm that comes yer way!

Bounty of Fruits and Vegetables - Boost your eyesight, health, and healing by enjoying yer bounty of fruits and veggies to get important vitamins and minerals, like vitamin A and C! Try-(Insert Menu Item) during lunch to boost your health for smooth sailing!

Milk for Buccaneers - Raise yer mug and drink up your milk to get important nutrients, like calcium, for strong bones to weather the storms of the seven seas! Try\_ (Insert Menu Milk Offerings) during lunch!

Grains of Gold - Keep steady and increase your energy by eating whole grains that help keep yer belly full on long voyages. Try during lunch to enjoy the finest whole grains from across the land!

Invite your parents or caregivers to enjoy a hearty school meal full of delicious treasures to celebrate National Bring Your Parents to Lunch Day!

## ANNOUNCEMENT #2

Get ready to "Find Your Treasure" today by joining our school nutrition team in the galley for a hearty meal. Today you'll find the special\_ (Insert Menu Item)

Let's raise the flag for good nutrition and all the hard work our nutrition staff does to keep you buccaneers afloat! Don't forget to show your appreciation by saying "Ahoy" and thanking the nutrition staff when you see them!

## ANNOUNCEMENT #3

All weeklong, you young buccaneers embarked on an adventure to find your treasure! We learned how a nutritious school lunch can fuel our voyages with Plundered Protein, a Bounty of Fruits and Vegetables, Milk for Buccaneers, and Grains of Gold. Today we set sail on our final voyage, so join us in singing a chantey during lunch as we enjoy our treasure!



TEXAS DEPARTMENT OF AGRICULTURE

