

Health Ambassadors for a Ready Texas



About HART

The Texas Department of Agriculture (TDA) recognizes that student leaders have a powerful voice for improving health and wellness on school campuses. TDA developed Health Ambassadors for a Ready Texas (HART) to inspire and recognize exceptional Texas high school students as they champion healthy lifestyles for their peers.



HART Ambassadors:



Increase awareness of healthy eating and Texas agriculture among their peers.



Collaborate with school nutrition teams to implement healthy living activities.



Promote the National School Lunch and School Breakfast Programs.



Provide state officials with feedback and recommendations for improving school nutrition programs.

Eligibility:

At the time of application, students must be enrolled in 9th, 10th or 11th grade in a Texas high school participating in the National School Lunch Program and have an email account.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Health Ambassadors for a Ready Texas



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www.SquareMeals.org



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Mission of HART Students



Promote School Nutrition Programs

Work with your school's nutrition team to promote nutrition and implement monthly activities



Increase Awareness of Healthy Eating and Texas Agriculture

Involve stakeholders to develop strategies to engage and educate your peers about nutrition and Texas agriculture



Provide Food and Nutrition Program Feedback to TDA

Communicate on a monthly basis with TDA about your accomplishments and present recommendations



How to Apply for HART:

Applications for the 2021-22 school year are open. The deadline to apply is Friday, April 9th.

Visit SquareMeals.org/HART to apply and learn more about the program. .

Questions? Contact TDA at HART@TexasAgriculture.gov or call (877) **TEX-MEAL**



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