Child Activity Sheets

FLASH CARDS
Pages showcase fresh fruit and vegetables so the children can learn the names of the items and practice spelling.

COUNTING
Pages showcase a variety of activities that will help the children in your facility learn how to count.

COLORING
The coloring sheets offer a fun activity for children and feature farm animals.

Serving Quick Tip:
Consider the foods children are learning about in these activities.
This is a great opportunity to have a taste testing.

What does this packet include?
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Circle the beginning sound for each picture or clip it.

- Mushrooms (M, H, J)
- Lemon (S, T, L)
- Onion (P, O, A)
- Strawberry (S, R, P)
- Blackberry (B, C, F)
- Potato (G, P, K)
Beginner \nLetter Sound

Circle the beginning sound for each picture or clip it

- _arrots
- _ell Pepper
- _ear
- _roccoli
- _each
- _ucumber

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Updated 12/17/2020
www.SquareMeals.org
Beginning Letter Sound

Circle the beginning sound for each picture or clip it:

- Orange (H O V)
- Celery (W C P)
- Tomato (T S R)
- Raspberry (J R S)
- Apple (A N M)
- Lettuce (L P R)
Beginning Letter Sound

Circle the beginning sound for each picture or clip it.

- _anana
- _umpkin
- _rapefruit
- _lum
- _vocado
- _wi
Beginning Letter Sound

Circle the beginning sound for each picture or clip it

- _lueberry
- _sparagus
- _atermelon
- _ggplant
- _ea
- _adish
Beginning Letter Sound

Build your own flashcard using your favorite fruits.
Build your own flashcard using your favorite vegetables.
Build your own flashcard using your favorite proteins.
Coloring Book

This product was funded by USDA.

This institution is an equal opportunity provider.
Count each kind of animal and write the number.
HOW MANY?

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5

1 2 3 4 5
Counting Game! How Many?
Count each kind of fruit and write the number in the white box at the bottom.

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White box at the bottom:

Apples: __

Apples: __

Cherries: __

Strawberries: __

Pomegranates: __

Apples: __

Apples: __

Cherries: __

Strawberries: __

Pomegranates: __

Apples: __

Apples: __

Cherries: __

Strawberries: __

Pomegranates: __

Apples: __

Apples: __

Cherries: __

Strawberries: __

Pomegranates: __

Apples: __

Apples: __

Cherries: __

Strawberries: __

Pomegranates: __
Counting Game! How Many?
Count each kind of vegetable and write the number in the white box at the bottom.
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After

5 9 7 2 8 1

Middle

1 6 8 3 7 4

Before

3 6 2 8 10 5
Two
Three
Four
Five
Six
Seven
Eight
Nine
Trace the Numbers!

0 0 0 0 0 0 0 0 0 0

1 1 1 1 1 1 1 1 1 1

2 2 2 2 2 2 2 2 2 2

3 3 3 3 3 3 3 3 3 3

4 4 4 4 4 4 4 4 4 4

5 5 5 5 5 5 5 5 5 5

6 6 6 6 6 6 6 6 6 6

7 7 7 7 7 7 7 7 7 7

8 8 8 8 8 8 8 8 8 8

9 9 9 9 9 9 9 9 9 9
Word Search

Tomato
Onion
Eggplant
Corn
Pepper
Carrot
Broccoli
Cucumber
Pumpkin
Radish
Cabbage