NATIONAL CACFP WEEK

Centers taking part in the Child and Adult Care Food Program (CACFP) work to ensure that all adults have access to healthy foods. Participants receive healthy and nutritious meals and learn healthy eating habits. It takes commitment to participate in the program that provides quality meals each and every day.

TIC TAC TOE

Player 1 will mark the grid with X and Player 2 will mark the grid with O. First Player to get 3 in a row horizontally, diagonally, or vertically wins.

DOTS & BOXES

Players take turns drawing lines between dots on a grid. When a player makes a box, they put their initial in it and draw another line. When all the boxes are completed, the player with the most initials wins.

SUDOKU

Within the rows and columns are 9 “squares” (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Start with easy and graduate to the hardest level.

EASY

MEDIUM

HARD

MyPlate.gov

Food and Nutrition Division
Child and Adult Care Food Program

TENNESSEE DEPARTMENT OF AGRICULTURE
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