




CACFP Quick Bites: Transform Your Training Impact

Common Acronyms	
CACFP	Child and Adult Care Food Program
CCC	Child Care Centers
ADC	Adult Day Care
DCH	Day Care Homes
CE	Contracting Entity (same as Organization)
FND/F&N	Food & Nutrition
TDA	Texas Department of Agriculture
USDA	United State Department of Agriculture

Ways We Learn

Visual 
Auditory 
Hands-on 



TEXAS DEPARTMENT OF AGRICULTURE
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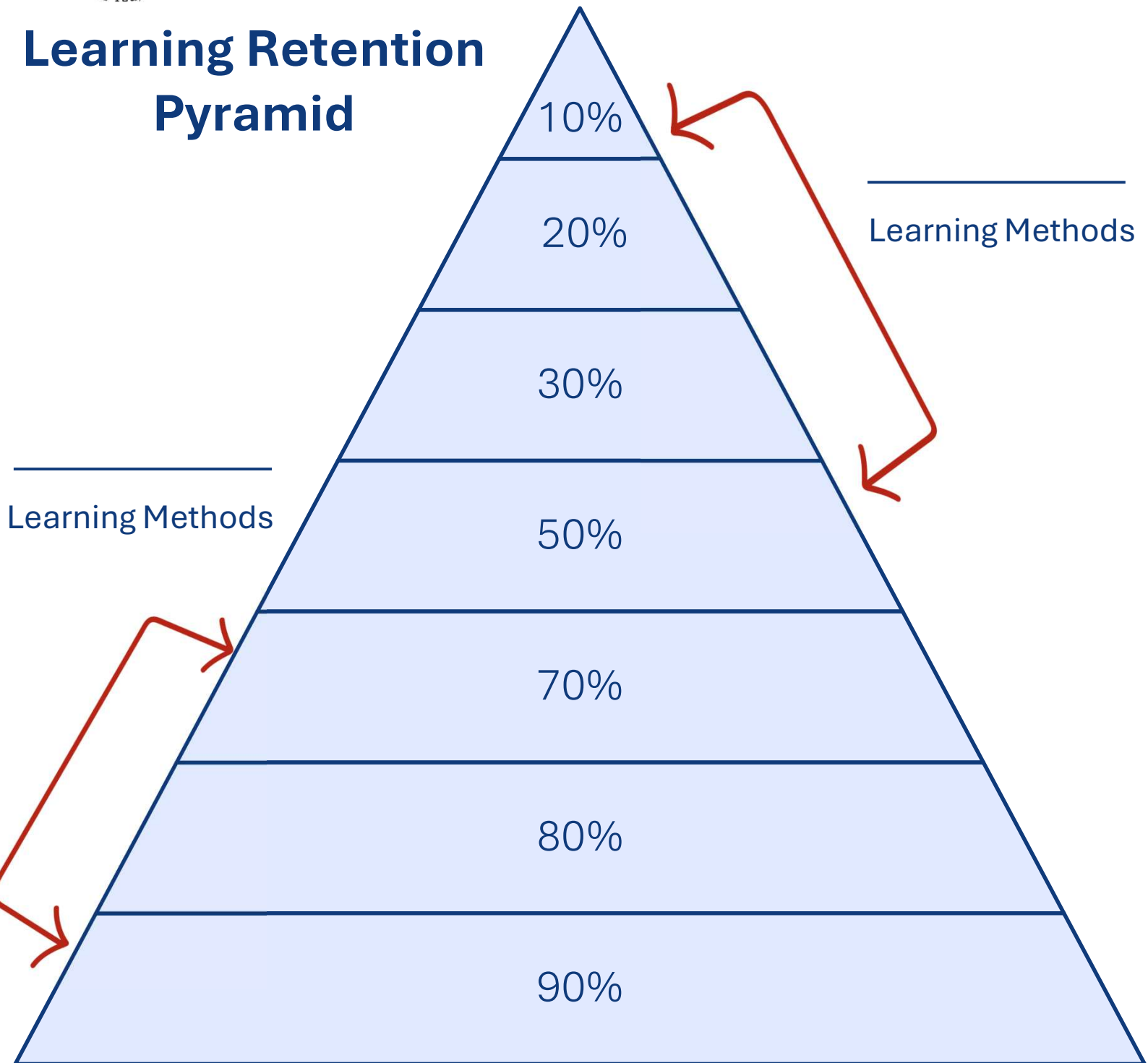
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Learning Retention Pyramid



- Visual
- Read
- Discussion
- Visual & Audio
- Application
- Audio
- Teaching Others



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Effective Strategies

Clear Outcomes

Trainer Focus

- What do I want my staff to do?
- Why is this training important right now?

Staff Focus

- Why are we doing this?
- How does this apply to my daily work?



Relevance



Retention

Make it Relevant

The most effective trainings include real-world scenarios and hands-on work in live systems.

Application of new Information



Increase

- Confidence
- Retention
- Consistency



Decrease

- Errors
- Confusion
- Anxiety

Reinforce with Resources

Providing resources to staff after a training is essential for reinforcing new skills and enabling real-world application.

- SOPs
- Checklists
- Job Aids
- Quick Guides



Follow-up/Feedback

Train beyond the training.



Refreshers



Coaching



Check-ins



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DEBRIEF

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Notes: