

OCTOBER



CARROTS
CUCUMBERS
LETTUCE

AVOCADOS
PECANS
PEANUTS
SWEET POTATOES

NOVEMBER

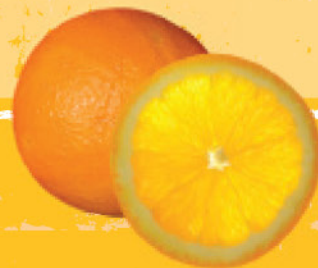
CARROTS
CUCUMBERS
GREEN PEPPERS
TOMATOES

PECANS
AVOCADOS
PEANUTS



DECEMBER

SPINACH
CABBAGE
CAULIFLOWER
CUCUMBERS
GREEN PEPPERS



LETTUCE
GRAPEFRUIT
PECANS
APPLES
TANGERINES

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER TODD STAPLES



Food and Nutrition Division
3E'S OF HEALTHY LIVING
Education, Exercise and Eating Right

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PEAK HARVEST MONTHS FOR
TEXAS PRODUCE



JANUARY

APPLES
ORANGES
BROCCOLI

CABBAGE
CARROTS
TANGERINES
CAULIFLOWER

SPINACH
LETTUCE
GRAPEFRUIT

FEBRUARY

BROCCOLI



CABBAGE
APPLES
ORANGES
TANGERINES

CARROTS
SPINACH
LETTUCE
GRAPEFRUIT

MARCH

BROCCOLI
CABBAGE
CARROTS

SPINACH
ORANGES
GRAPEFRUIT



APRIL



CARROTS
STRAWBERRIES
ORANGES
ONIONS

MAY

TOMATOES
CANTALOUPE
SWEET CORN

CUCUMBERS
STRAWBERRIES
ONIONS



JUNE



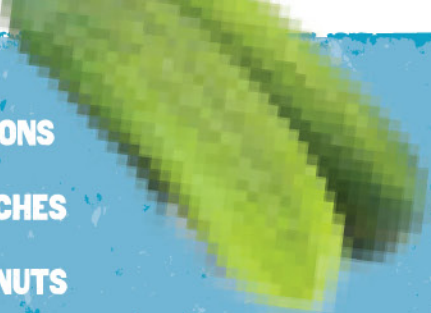
CANTALOUPE
SWEET CORN
CUCUMBERS
TOMATOES
ONIONS

GREEN PEPPERS
WATERMELONS
PEACHES
HONEYDEW MELONS

JULY

CANTALOUPE
CUCUMBERS
WATERMELONS

ONIONS
PEACHES
PEANUTS



AUGUST



CANTALOUPE
WATERMELONS
ONIONS
PEANUTS

SEPTEMBER

CARROTS
SWEET POTATOES
WATERMELONS
PEANUTS

